

JOURNEY HOME RECOVERY LIVING, LLC (JHRL)

HOUSE GUIDELINES

1. I agree not to consume Alcohol and/or Drugs while residing at this property. If I am taking prescription medications (non-narcotic only) that are prescribed by a doctor, I will provide that information at the time of initial intake and discuss further use with management.

If prescribed prescription medications (non-narcotic only) by a doctor during my stay at this residence, I will contact the house manager immediately to discuss it.
2. I agree to take random screens for drug and alcohol use administered by management upon request.

If the test has a positive reading, I will be asked to leave the house immediately. If I am unable to produce a urine sample within 1 hour of the request of the house manager, the drug screen will be considered positive. If for some reason the test is inconclusive or the manager is uncertain about the results, I will be asked to have a drug screen performed at an independent laboratory at the discretion of the manager.
3. I agree not to steal others' property while I am a resident of the house. This includes personal property and food belonging to the agency or any other residents of the house. I understand that JHRL is not responsible for my lost or stolen property.
4. I agree not to use physical force against anyone in the house while a resident of the house. This includes threatening and/or verbal harassment of other residents or management.
5. I agree to pay the residential fee on time and in full each week. The due date of the residential fee is on Friday.
6. I agree within the first 30 days to actively seek and obtain full time employment. The hours of employment must fall in between the curfew for that particular day. This rule can be modified if I will be attending an IOP or day program.
7. I agree to follow the curfew, which is 9:00PM **Sunday through Thursday** and 11:00PM **Friday and Saturday**. In the event I am unable to make curfew, I will contact the house manager to discuss this prior to the curfew.
8. I agree to attend 21 meetings in my first 30 days in residence. After my first 30 days, I agree to attend minimum of five Alcoholic Anonymous and/or Narcotics Anonymous meetings per week if I have less than one year in recovery and a minimum of four meetings per week if I have over one year in recovery. **The weekly house meeting is mandatory.** I agree to find an AA or NA sponsor and start step work within the first 30 days. I agree to continue doing step work.
9. I understand that this is my recovery and I am responsible to ensure I am abstinent, going to meetings, working the 12-steps in my life with my sponsor. I also may expect JHRL to support my recovery plan and assist me with planning my recovery and how to manage relapse risks.
10. I understand that overnight stays away from the house are a privilege and must be cleared with the house manager beforehand in writing. An overnight stay will not be allowed within the first 30 days. In order to qualify for any overnight stay, I must turn in the signature sheet proving the attendance of 30 meetings in thirty days, have rent paid up to date, be following all guidelines, and have all chores completed.

11. I agree to show financial responsibility if I bring a motor vehicle on the property. I will provide a valid driver's license, registration, and proof of insurance coverage.
12. I agree to keep my room clean and orderly at all times, as well as maintain the cleanliness of the common areas including the areas outside surrounding the home. This may include litter and cigarette butts.
13. I agree to do the weekly chore that is when assigned and to participate in any special projects that are requested by the manager of the house.
14. This residence is smoke-free. There is no smoking inside the house at any time. Smoking in the house may result in immediate dismissal. Smoking is allowed outside only. Cigarette butts must be disposed of properly.
15. All visitors must be approved and request submitted in writing to the house manager. No overnight guests will be allowed, including family members. Any guests will be limited to the common areas of the house, and must have at least 90 days clean and sober. **NO VISITORS ARE ALLOWED IN BEDROOMS.** I am responsible to bring the presence of questionable guests to the house manager's attention immediately.
16. I will not engage in an intimate relationship with any other resident.
17. I agree to retrieve my belongings and personal effects no later than 72 hours after leaving the residence. I understand that if I do not, they will be donated to charity.
18. I agree to inform management if I know that another resident has relapsed. Failure to do so will result in my dismissal.
19. I understand that at any time, my room is subject to search by management, police, and the like.
20. I understand the conditions for admission and discontinuation according to the policies and was provided a copy.
21. I understand the grievance policy and was provided a copy.

I have read and fully understand the guidelines for residency, I understand they are subject to change at any given time, as management requires.

Applicant Name

Applicant Signature

Date

Manager Signature

Date

JOURNEY HOME RECOVERY LIVING, LLC

House Rules

1. **Confidentiality:** Do not give information regarding any resident past or present, to anyone outside of Journey Home Recovery Living, LLC, (JHRL), including acknowledgement of their residency or whereabouts.
2. **Common Areas:** Common Areas are to be kept neat and free of personal belongings at all times.
3. **Bedrooms:** Bedrooms are off limits to anyone that does not sleep there. Beds must be made by 9:00 am Monday- Friday and upon awaking on Saturday and Sunday. Laundry and trash are not permitted on the floors, tables or dressers. Food is not allowed in bedrooms. Exception may be made for individuals who are ill. Water is permitted.
4. **Bathrooms:** Bathrooms are to be kept clean. Clean out sink and shower after each use. Do not leave toiletries in bathrooms. Do not flush ANYTHING other than toilet paper.
5. **Kitchen:** All food must be stored in assigned cabinet and refrigerator areas. When dishwasher is full or running, wash and dry dishes and utensils and put away. Clean all appliances and counters as necessary to maintain cleanliness of kitchen. Keep refrigerator area clean.
6. **Laundry Room:** Tables, washer and dryers are to be cleared when not in use. Laundry is to be taken to you bedroom when done. Leave laundry room clean for the next person.
7. **Chores:** Chores are to be done thoroughly as described in the chore list everyday. If you are unable, for any reason, to do your chores during those times, you are responsible for making arrangements with another resident to ensure your chores are done.
8. **Quiet Time:** Quiet time is from 10 pm to 9 am.
9. **Emergency:** In case of emergency, notify management immediately.

Applicant Signature

Date